

# BRANCHES

## Connection

A monthly update from Branches Counseling Center

**October, 2017**

Dear Friends,

*What an exciting few weeks at Branches!*

We've sorted, cleared, donated, cleaned, hung, planted, watered, carried, organized, greeted, decorated, laughed, hugged, cried, counseled, weighed, re-organized, rejoiced, and so much more!

It's been a few weeks of preparing to host two of the biggest events of our year - *Simply Free* and the open house and ribbon-cutting for the new *Branches Weight Loss and Wellness* program.

*We are grateful for, and humbled by the outpouring of love and dedication of so many friends. Your support and encouragement is never taken for granted!*

## What's New at Branches?



**Branches Weight Loss and  
Wellness is OPEN!**



## Quick Links

- [Our Website](#)
- [Our Locations](#)
- [Donate Now](#)
- [Contact Us](#)
- [Email Us](#)

## Ribbon Cutting Day!



Welcome!!

Losing weight is about more than just looking better - it's improving your health and your quality of life. Our goal is not just to help you lose weight - but also to achieve safe, life-long good health and wellness.

We find the underlying issues that have prevented you from achieving and maintaining weight loss and wellness, address them with practical, permanent solutions, all, while continually providing you with the assistance and resources necessary for you to be successful.

Our program combines:

1. Diet and Exercise
2. Behavioral Care
3. Medical Treatment

We proudly present the new

[\*\*BRANCHES Weight Loss and Wellness Website!\*\*](#)

Check it out to find out more about the program and how you can start your restoration today!

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## **Mental Health and the Returning Veteran**

Branches is pleased to present an educational seminar for counselors, therapists, social workers, and volunteers who are working with returning veterans. Our guest speaker, Dr. Kevin Reeder is an experienced clinical psychologist and a faculty member of the Central Arkansas Veterans Healthcare System. Topics will include PTSD, Traumatic Brain Injury, substance abuse, readjustment and other mental health related issues.

This is the first time Branches has offered a seminar where attendees can earn 4 NBCC CE credit hours.

**We would love to have you join us!**

**Date:** November 10, 8am - 12pm  
**Location:** Branches  
1102 Dow Street, Murfreesboro, TN 37130  
**Cost:** \$50; \$35 for students; Free for veterans  
(Payable to Branches Counseling Center the day of the seminar. We accept cash, checks, or credit cards.)



Joshua Courtney, P.A. and some of the Weight Loss and Wellness staff



The Branches Crew!



The Courtney Family

**Register:** Please register in advance by emailing Molli Craddock at molli@branchescounselingcenter.com

**Help us spread the word! Share this information with a friend or co-worker!**

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## Simply Free 2017



and far to experience dynamic testimonies of recovery and restoration. Many have said it was the best of all the Simply Free events!

To read a beautiful recap of the weekend, check out Mike Courtney's [blog from October 23](#).

If you missed the featured testimonies or would like to hear them again, you can find them [HERE on our website](#).

*There are so many people to thank!* Thank you to our featured testimony speakers Pastor Eddie Turner, Gena Woods, Jacob and Allison Courtney, Mike Torres, and Vickie Whalen. Thanks, also, to our outstanding break out session leaders: Jeremy Myers, Amy Connor, Tracey Robison, Daniel Crosby, Jonas Beiler, Patty Mason, Joshua Courtney, and Maridel Williams.

Thanks to our dedicated volunteers who made it all happen! *And.... an abundant* thanks goes to the pastors, staff, and volunteers of [Family Worship Center](#) for their gracious hospitality!

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Bob Schwarz, Branches business manager, conversing with Jakson Courtney about his incoming tooth.



We chuckled about serving cake at the opening of a weight-loss program...but were thrilled with this beautiful gift from Nothing Bundt Cake!

## Supporting Branches

If you like what you see and hear about Branches, and feel impressed to help make counsel or medical weight loss available to someone who could not otherwise afford it, consider giving to Branches' scholarship fund on a



Stay connected with us on [Facebook!](#)

We like to post pictures, events, uplifting thoughts, and helpful links and articles.

***Like it and share it!!***

one-time or reoccurring basis. We are a non-profit organization committed to helping anyone regardless of their ability to pay. It's easy to give online, through automatic payments, or by check. Your gift will bring hope and restoration to others!!

**[CLICK to Donate TODAY!](#)**

Please visit our [Branches Website](#)  
Donate to bring healing, hope, restoration to others [Invest Now](#)  
To [Unsubscribe](#)

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